

 **LUNCH**

OCTOBER 2024

Grain items offered on menu are whole grain rich
Skim and 1% milk offered daily

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Strawberry Mini Bagels Fresh Apple</p> <p>Pepperoni or Cheese Pizza Broccoli Applesauce</p>	<p>2</p> <p>Oatmeal Banana & Chocolate Chip Cookie Fresh Pear</p> <p>Chicken Fried Rice Cucumber Slices Fresh Apple</p>	<p>3</p> <p>Cinnamon Raisin Bagel Cream Cheese Sliced orange</p> <p>Spaghetti With Meat Sauce Baby Carrots Fruit Mix</p>	<p>4</p> <p>Cinnamon Raisin Bagel Cream Cheese Sliced orange</p> <p>Spaghetti With Meat Sauce Baby Carrots Fruit Mix</p>
<p>7</p> <p>Cinnamon Toast Crunch Cereal Graham Crackers Fresh Apple</p> <p>Turkey Hot Dog Corn Sliced Peaches</p>	<p>8</p> <p>Apple Frudel Fresh Sliced orange</p> <p>Pepperoni or Cheese Pizza Broccoli Applesauce</p>	<p>9</p> <p>Yogurt Stick & Lil Squares Applesauce Cup</p> <p>Chicken Nuggets Garbanzos Fruit Mix</p>	<p>10</p> <p>Large Blueberry Muffin Fresh Apple</p> <p>Cheese Raviolis Baby Carrots Fruit Mix</p>	<p>11</p> <p>French Toast Fresh Apple</p> <p>Grilled Ham & Cheese Sandwich Cucumbers Fresh Apple</p>
	<p>15 <i>fall break</i> 16</p>			
	<p>22</p> <p>Sliced Banana Bread Fresh Sliced orange</p> <p>Pepperoni or Cheese Pizza Broccoli Applesauce</p>	<p>23</p> <p>Cheerios Cereal Bar String Cheese Fresh Pear</p> <p>Bean & Cheese Nachos Baby Carrots Applesauce</p>	<p>24</p> <p>Mini Glazed Donuts Applesauce Cup</p> <p>Baked Beef Ziti Pasta Celery Sticks Fruit Mix</p>	<p>25</p> <p>Pizza Bagel Fresh Apple</p> <p>Ham & Cheese Croissant Celery Sticks Fruit Mix</p>
<p>28</p> <p>Honey Cheerios Cereal Bowl Graham Crackers Fresh Apple</p> <p>Cheeseburger Corn Pear</p>	<p>29</p> <p>French Toast Breakfast Bar Applesauce Cup</p> <p>Pepperoni or Cheese Pizza Broccoli Applesauce</p>	<p>30</p> <p>Yogurt Cup & Nutrigrain Bar Applesauce Cup</p> <p>Steam Rice & Orange Chicken Baby Carrots Sliced Peaches</p>	<p>31</p> <p>Large Chocolate Chip Muffin Fresh Apple</p> <p>Popcorn Chicken Bowl Celery Sticks Fresh Apple</p>	

Menu is subject to change due to product availability.

"This institution is an equal opportunity provider."