

2020-21 Family Crisis Resource Directory

Local and National Organizations

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If you or someone you know needs immediate assistance, please call 911.

Mental Health/Suicide Prevention (Local)

- 1. Need Help Now? If this is a mental health emergency, please call 911.
- 2. Arizona Suicide Prevention Coalition-480-784-1500 or 1-866-205-5229
- 3. Crisis Response Network -Behavior Health 24hr, 7 days of week open line

Central AZ: 602-222-9444 Northern AZ: 1-877-756-4090 Southern AZ: 1-866-495-6735

4. Devereaux Arizona

480-998-2920 in Phoenix or 520-296-5551 in Tucson A non-profit behavioral health organization that provides training and counseling programs to help children and families with mental health problems including suicide prevention.

5. Empact-Suicide Prevention Center

480-784-1500 in Maricopa County or 866-205-5229 in other Arizona counties Located at La Frontera in Tempe. Suicide/crisis hotline, mobile crisis team, suicide awareness/prevention training, crisis debriefing, suicide survivor support groups, counseling, trauma healing services and more.

6. Good Fit Counseling Center

2850 N 24th St, Phoenix • 602-200-0434

Arizona's only mental health center for young children. Psychologists and therapists work exclusively with infants, toddlers, preschoolers and their families to provide support with challenges in a wide range of areas, including parent-child relationships, trauma and loss, social-emotional difficulties and serious behavior problems. Services are provided in your home or at the center. The center is part of Southwest Human Development, a nonprofit with 30 years experience working with young children

7. National Alliance on Mental Health - Arizona

5025 E Washington St # 112, Phoenix, AZ 85034 • 602-244-816 Fosters public education about mental illnesses and advocating for quality institutional and non-institutional care and individualized treatment for persons with mental illnesses.

8. National Alliance on Mental Illness (NAMI) Valley of the Sun 602-222- 9444 Crisis Support Hotline, 602-347-1100 Noncrisis Warmline or https://www.nami.org/findsupport

9. PSA Behavioral Health Agency

2255 W. Northern Ave Ste B100, Phoenix, AZ 85021 • 602-995-1767 A private, nonprofit behavioral health agency dedicated to the treatment and recovery of individuals with psychiatric illnesses who may also suffer from substance abuse, trauma

and/or other behavioral issues. Learn about the agency's <u>Art Awakenings</u> program, which offers instruction in visual art, poetry, music, movement and drama to promote empowerment and recovery through creativity.

10. Teen Lifeline

602-248-TEEN (8336) in Maricopa County or 800-248-TEEN (8336) in other Arizona counties

Phoenix-based nonprofit that operates a suicide/crisis hotline for teens, run by teens who have undergone extensive training in handling difficult calls and knowing how to identify/support someone at risk. Prevention education for parents, schools, youth groups and professionals who work with youth. Education and debriefing support following suicides or other traumatic events (mostly at schools).

Mental Health/Suicide Prevention (National)

11. American Academy of Child and Adolescent Psychiatry

Offers "Facts for Families" in English, Spanish and several other languages.

12. American Academy of Pediatrics

Offers access to a collection of online audio and/or video interviews with ith pediatricians about child behavior, emotions and other mental health topics.

13. American Foundation for Suicide Prevention

Offers information, advocacy and support.

- **14.** Disaster Distress Helpline SAMHSA's provides 24/7 crisis counseling 1-800-985-5990.
- 15. Crisis Text Line: Text CONNECT to 741741
- **16. Mental Health America**, offers information, support, advocacy to local resources.
- **17. National Suicide Prevention Lifeline:** 1-800-273-TALK (8255) Directs callers from all states to local suicide prevention resources.

Social-Emotional Resources

- 1. Family Assistance Center 1-877-568-8468
- 2. https://docs.google.com/spreadsheets/d/1H8zuZtINOCsZnp2gvj0WJroBEnq2PmmbSPkYltj PE90/edit#gid=0

Substance Abuse Disorders (Local)

- 1. Aurora Behavioral Health System, 6015 West Peoria Ave. Glendale AZ 85302, 623-344-4400.
- 2. Banner Thunderbird Medical Center, 5555 West Thunderbird Center, 602-938-2301
- 3. Copper Springs 10550 W. McDowell Rd. Avondale AZ 85393, 480-565-3035
- **4.** Lifeline Professional Counseling Services, 17235 North 75th Ave. Suite F-100, Glendale AZ 85308, 480-641-1165
- **5.** Sunlight Medical Service, 5750 West Thunderbird Rd. Suite F-640, Glendale AZ 85306, 480-300-6065

Substance Abuse Disorders (National)

- **6.** National Substance Use and Disorder Issues Referral and Treatment Hotline: 1-800-662-HELP (4357)
- 7. The National Institute of Mental Health Information Resource Center: 1-866-615-6464 https://www.nimh.nih.gov/outreach/index.shtml
- 8. Findtreatment.gov

Racial Injustice Educational Resources

Black Lives Matter Resources

- 1. Blacklivesmatter.com/resources/
 - **Healing Action Toolkit**
 - https://blacklivesmatter.com/wp-content/uploads/2018/01/BLM_HealingAction_r1.pdf
 - -Chapter Conflict Resolution Toolkit
 - https://blacklivesmatter.com/wp-content/uploads/2018/01/BLM ChapterConflict r1.pdf
- 2. Tolerance.org

https://www.tolerance.org/magazine/speaking-up-against-racism-around-the-new-coronavirus

Civic Engagement/Legal Support

- **3.** The Molina Law Group 602-718-1249
- 4. Belen Law Firm 602-715-0908
- 5. NAACP Legal Support- naacp.org, or 1-888-984-2510

Mental Health Support

- **6.** https://www.blackgirlssmile.org/resources
- 7. https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/Black-African-American
- **8.** Kaiser Permanente Watts Couseling and Learning Centerhttps://community.kp.org/about/program/watts-counseling-and-learning-center

List of Resources on Addressing Systemic Racism

9. https://docs.google.com/spreadsheets/d/16CFLrMySyQR8cLTmACUKtHfc-UQ9PUA0ktLAfApydS8/htmlview?pru=AAABcp6OUyo%2AxDjh8u2w6lpvdlw4J0OveQ#

Child Abuse and Neglect Reporting Resources (Local)

 Arizona Child Abuse Hotline. 1-888-SOS-CHILD (1-888-767-2445) A report of suspected child abuse, neglect, exploitation or abandonment is a responsible attempt to protect a child. Arizona law requires certain persons who suspect that a child has received non-accidental injury or has been neglected to report their concerns to DCS or local law enforcement (ARS §13-3620.A).

Child Abuse and Neglect Reporting Resources (National)

2. Chilldhelp National Child Abuse Hotline 1-800- 4-A-Child or 1-800-422--4453

Children's Shelter Resource (local)

- 1. Arizona Chapter of the Safe Haven Alliance 623-428-1308
- 2. Child Crisis Center or childcrisisaz.org

Corporate Headquarters and Early Education

817 N. Country Club Drive Mesa, AZ 85201

Phone: (480) 834-9424 **Fax:** (480) 834-9340

Mailing Address: 817 N. Country Club Drive, Mesa, AZ 85201

Email: info@childcrisisaz.org

3. Child Crisis Arizona

Phoenix Office and Preschool 2334 E. Polk St. Phoenix, AZ 85006

Phone: <u>(602) 273-7363</u> Fax: (602) 244-1316

4. Mesa Emergency Children's Shelter

Whiteman's Safe Haven for Children 604 W. 9th St. Mesa, AZ 85201

Phone: (480) 969-2308 **Fax:** (480) 969-9277

Child Crisis Arizona at the Community Assistance Resource Center Located inside the Peoria Community Center 8335 W. Jefferson St., Suite B, Peoria, AZ 85345

Food Bank List (local)

1. St Mary's Food Bank Alliance

Food Banks

Website

(623) 583-8879

13050 W Elm St

Surprise, AZ 85378

2. Valley View Community Food Bank

Food Banks

Website

(623) 933-3358

12321 NW Grand Ave

El Mirage, AZ 85335

3. Agua Fria Food Bank

Food Banks Charities

Website

(623) 932-9135

405 E Harrison Dr

Avondale, AZ 85323

4. Tolleson Food Bank

Food Banks

Website

(623) 936-8366

10 S 93rd Ave

5. Valley View Community Food Bank

Food Banks Charities

(623) 972-4471

9849 N 105th Ave

Sun City, AZ 85351

6. Hope For Hunger Food Bank

Food Banks Charities

Website

(602) 773-4344

5605 N 55th Ave

Glendale, AZ 85301

7. Far West Pet Food

Food Banks

Website

(602) 684-1179

6105 N 52nd Ave

Glendale, AZ 85301

8. I. M. P. A. C. T. Capital Specialists

Food Banks

(623) 363-1759

Po Box 924

Buckeye, AZ 85326

9. Valley View Community Food Bank Thrift Store

Food Banks

Website

(623) 243-6413

13576 W Camino Del Sol

Sun City West, AZ 85375

10. Association Of AZ Food Banks

Food Banks

Website

(602) 254-1100

2100 N Central Ave Ste 200

Phoenix, AZ 85004

11. Apache Junction Reach Out Food

Food Banks

Website

(602) 528-3434

2100 N Central Ave

Phoenix, AZ 85004

12. The Cultural Cup Food Bank Inc

Food Banks

(602) 266-8370

537 E Osborn Rd

Phoenix, AZ 85012

13. St Mary's Food Bank

Food BanksCharities

Website

(602) 242-3663

2831 N 31st Ave